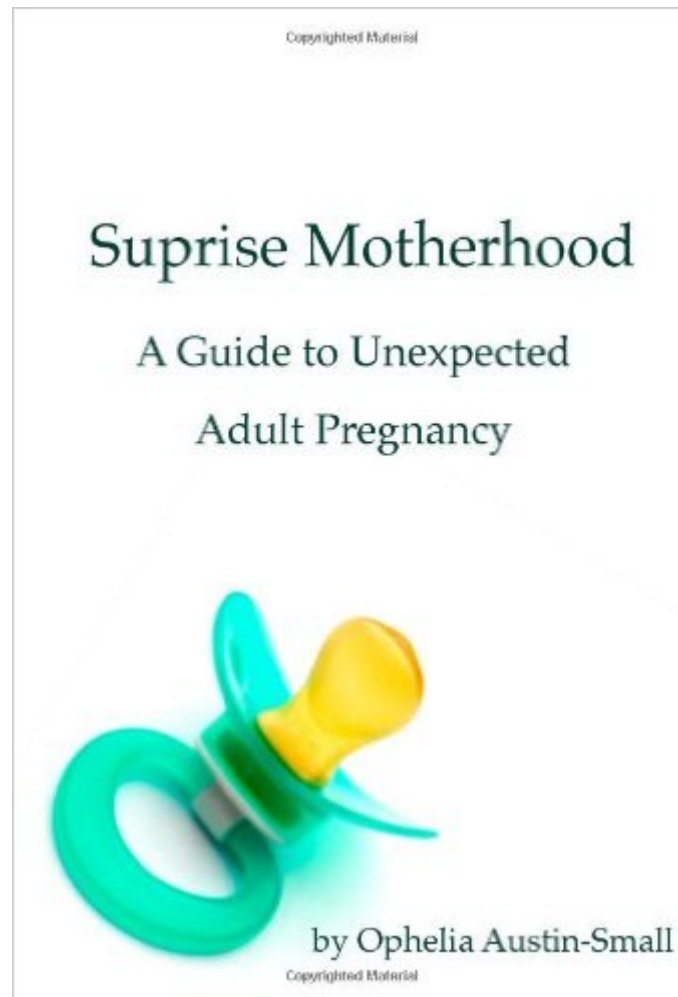


The book was found

Surprise Motherhood: A Guide To Unexpected Adult Pregnancy



Synopsis

At twenty-seven, Ophelia was working full-time & pursuing her doctorate when she found she was pregnant, despite using two forms of birth control. She was dismayed to find pregnancy books assumed either she planned this baby & was thrilled to be pregnant, or she was fifteen & had gotten knocked up in the backseat of a Chevy. Nowhere could she find a book geared towards women like herself- successful, independent adults, facing a surprise pregnancy in their later twenties or thirties. Surprise Motherhood is aimed directly at that gap. It tells the real stories, of Ophelia & of other women, who have faced pregnancy at a time when they least expected it & society expected them to be thrilled. In a direct, clear, & often humorous voice, she takes you on a journey from shock to acceptance. Chapter subjects include: *Options * Paternity* Sex during pregnancy* Surviving complications * Things to buy- and to avoid* Friend loss* Maternity rights* Keeping your career on track* Postpartum depression * and lots more!

Book Information

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Average Customer Review: 3.3 out of 5 stars Â Â See all reviewsÂ (7 customer reviews)

Best Sellers Rank: #2,203,907 in Books (See Top 100 in Books) #97 inÂ Books > Health, Fitness & Dieting > Mental Health > Postpartum Depression #3110 inÂ Books > Health, Fitness & Dieting > Women's Health > Pregnancy & Childbirth #71430 inÂ Books > Parenting & Relationships

Customer Reviews

I really like the premise of this book. Not all pregnancies are planned, and not all unplanned pregnancies are the sort of thing that happen to teenagers in the back seat of a car. Sometimes the pill fails, or the condom breaks, and people who never intended to be pregnant suddenly have a whole lot of decisions to make. I also really like that the first section of the book is an open and blunt discussion of the first decision: to keep the baby or not. If you're staunchly pro-life, it may be useless, but for the rest of us who don't have that unwavering moral imperative, a little guidance from an unbiased source can go a long way. Beyond those two points, though, the book is of

questionable utility. The chapters on financial concerns and friend loss are incredibly valuable. If you didn't mean to be an expectant parent, you probably haven't done the budgeting to accommodate the vast expense of pregnancy and parenting. And if you're pregnant while all of your friends are still leading their independent and child-free lives, you'll suddenly find yourself with a lot more free time (which you'll probably spend sleeping anyway, but that's not the point). What To Expect and its ilk, while so very useful, don't cover these concerns. Then there are the chapters that cover the author's own experiences with symptoms or complications that are extremely rare. The digression regarding what I'll rename in this venue to 'raccoon posterior' was functionally useless. The chapter on Diastasis Symphysis Pubis would only be relevant to the 1 in 30,000 women who suffer through it while pregnant (a statistic she provides in the book).

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